

RESOURCES: Your personal family physician or mental health professional	
<p>Know Your student's medical insurance plan and # is:</p> <p>Make sure to have child/youth medical insurance cards in a safe place that you can access in an emergency. If co-parenting with a shared custody agreement, make sure all caregivers have access to child/youth insurance cards.</p>	
<p>Your student's medical insurance covers emergency room visits to (hospital name):</p> <p>(If co-parenting with a shared custody agreement, make sure all caregivers know which medical emergency room to utilize. If there is imminent risk of loss of life or limb go to nearest hospital medical emergency room.</p>	911 or Emergency Room
<p>SafeVoice - SafeVoiceNV.org download the APP 24 hrs. a day/7 days a week 365 days</p> <p>Report safety concerns, self-harm, bullying/cyberbullying</p>	833-216-SAFE (7233)
<p>Crisis Support Services of Nevada (formerly Suicide Hotline) - Students can speak with or text a helper</p> <p>24 hrs. a day/7 day a week; 365 days a year</p> <p>For more information: https://cssnv.org bilingual</p>	800-273-8255 or Text CARE to 839863
<p>Children's Cabinet Stabilization - in person</p> <p>Drop-In/WALK IN M-F, 12-3PM; suggest calling ahead</p> <p>777 Sinclair Street, Reno, NV 89502 - downtown Reno</p> <p>Parking is on-site. Who We Serve - Children's Cabinet (childrencabinet.org)</p>	775-352-8090

<p>Mobile Crisis Response Team - calls answered 24/7</p> <p>For more information: https://knowcrisis.com</p> <p>Parent permission required bilingual Crisis assessment and help</p>	<p>775-688-1670</p>
<p>Nevada 211 youth download APP Youth Services - Nevada 211 text your zip code to 898211 bilingual</p>	<p>Call 211</p>
<p>Trevor Project- Lifeline LGBTQ support</p>	<p>866-488-7386 or Text START to 678678</p>
<p>Renown Hospital - Medical Emergency Room 1485 Mill Street Reno, NV 89502</p>	
<p>St. Mary's Hospital - Medical Emergency Room 235 W 6th St - Northside Reno, NV 89503</p>	
<p>Northern Nevada Medical Center - Medical Emergency Room 2375 E Prater Way Sparks, NV 89434</p>	
<p>Reno Behavioral Hospital (Acute Care)</p> <ul style="list-style-type: none"> • Call first to see if there is availability. If no, availability, go to Medical Emergency Room. • If youth has attempted suicide, call "911" or go IMMEDIATELY to nearest Medical Emergency Room for medical treatment and clearance. 	<p>775-393-2200</p>